

**University of Washington Men's All-Time  
Indoor Track and Field Performance Lists  
(marks through 3/10/07)**

**NOTES:** In all cases, top-10 marks are included for the listed event, along with any marks for comparable events for which there is a standard NCAA conversion. Results for certain events prior to the 1985 season may be incomplete. **Bold** font indicates marks set by current Huskies.

**60-Meter Dash**

6.55	Ja'Warren Hooker	2001
6.71c	Ed Turner	1997
	Willem Ryan	1997
6.77c	Tim Martin	1994
	Sterling Hinds	1983
6.78c	Napoleon Kaufman	1993
	Rick Noji	1987
6.80	Isaiah Stanback	2006
6.80c	Carlos Hattix	1997
6.81	Marvin Kasim, Jr.	1999
6.81c	Kelley Coleman	1993

c - Mark converted from 55 meters

**60-Meter Hurdles**

7.82c	Dana Hall	1991
7.90c	Skip Moody	1998
7.95c	Ben Meyer	1997
<b>8.03</b>	<b>James Fredrickson</b>	<b>2007</b>
8.06c	Kyle Gano	1994
8.08	Marc James	2004
8.09c	Greg Barber	1999
8.10c	Don Morehead	1984
8.22c	Joshua Renz	2001

c - Mark converted from 55-meter hurdles

**200 Meters**

20.56	Ja'Warren Hooker	2001
21.05	Ed Turner	1997
21.18	Shelton Sampson	2003
21.19	Jordan Boase	2006
<b>21.41</b>	<b>Alex Harcourt</b>	<b>2007</b>
21.54	Beno Bryant	1990
21.57	Tim Martin	1994
	Orlando McKay	1990
21.64	Davaon Spence	2006
<b>21.79</b>	<b>James Fredrickson</b>	<b>2007</b>

**400 Meters**

<b>46.43</b>	<b>Alex Harcourt</b>	<b>2007</b>
46.45	Derek Prior	1999
46.86	B.J. Dawson	1998
47.32	Orlando McKay	1991
47.41	Sean Williams	2005
47.58	Bernard Ellison	1990
47.76	Jordan Boase	2005
47.82	Bruce Jackson	2006
48.02	Ja'Warren Hooker	2000
48.03	Greg Forni	2003

**800 Meters**

<b>1:48.40</b>	<b>Ryan Brown</b>	<b>2007</b>
<b>1:49.00</b>	<b>Austin Abbott</b>	<b>2007</b>
1:49.59	Shane Charles	2005
<b>1:50.19</b>	<b>Brian Govier</b>	<b>2007</b>
1:50.65	Mitch Leffler	1993
1:51.14y	Rich Mesmer	1968
1:51.17	Bruce Jackson	2005
1:51.55	Todd Arnold	2003
1:51.81	John Snyder	2002
1:51.91	Eric Garner	2004

y – Mark converted from 880 yards

**Mile**

3:58.93	Eric Garner	2002
3:59.24	Greg Gibson	1974
<b>3:59.47</b>	<b>Austin Abbott</b>	<b>2006</b>
<b>4:01.33</b>	<b>Carl Moe</b>	<b>2007</b>
4:03.77	John Russell	2004
4:05.45	Andy Fader	2004
<b>4:05.29</b>	<b>Jon Harding</b>	<b>2007</b>
4:05.54	Dave Barnett	1984
4:05.59	Al Hjort	1990
4:05.71	Dan Bell	1987

**3,000 Meters**

7:54.13	Jeremy Park	2003
8:02.56	Eric Garner	2002
<b>8:02.82</b>	<b>Carl Moe</b>	<b>2004</b>
8:04.92	Mark Mandi	2004
8:04.94c	Jim Johnson	1972
8:06.04	Dustin Duke	2002
8:06.57	David Bazzi	2001
<b>8:06.86</b>	<b>Jon Harding</b>	<b>2006</b>
8:07.20c	Dan Bell	1987
<b>8:07.69</b>	<b>Kelly Spady</b>	<b>2007</b>

c - Mark converted from two-mile run

**5,000 Meters**

<b>13:54.03</b>	<b>Jeremy Mineau</b>	<b>2006</b>
13:58.51	David Bazzi	2001
14:10.81	Andy Fader	2004
<b>14:11.39</b>	<b>Jon Hickey</b>	<b>2004</b>
14:12.51	Mark Mandi	2004
14:13.89	Mike Hill	2002
<b>14:16.62</b>	<b>Kevin Peters</b>	<b>2006</b>
<b>14:17.04</b>	<b>Kelly Spady</b>	<b>2007</b>
<b>14:14.73</b>	<b>Mike Sayenko</b>	<b>2007</b>
<b>14:22.59</b>	<b>Jon Harding</b>	<b>2006</b>

**4x400-Meter Relay**

3:07.03	Boase/Brown/Charles/Jackson	2006
3:07.33	Hooker/Dawson/Anabel/Prior	1998
3:07.86	Harcourt/Brown/Charles/Jackson	2006
3:07.94	S. Williams/Brown/Charles/Jackson	2005
<b>3:09.08</b>	<b>Gudaitis/Still/Brown/Fredrickson</b>	<b>2007</b>
3:10.07	Hooker/Mackey/Prior/Anabel	1999
3:10.67	N. Williams/Adams/McCary/S. Williams	2004
3:10.74c	Kozol/Bathurst/Bredahl/Stankovic	1981
3:11.71	N. Williams/S. Williams/Goodrich/Forni	2003
3:11.64	Harcourt/Charles/McCary/Boase	2006

c - Mark converted from mile relay

**Distance Medley Relay**

9:35.35	Abbott/Jackson/Brown/Moe	2006
	Garner/S. Williams/Moe/Russell	2004
<b>9:35.89</b>	<b>Abbott/Fredrickson/Brown/Moe</b>	<b>2007</b>
9:36.20	Abbott/S. Williams/Brown/Fader	2005
9:38.09	Russell/S. Williams/Arnold/Moe	2004
9:40.82	Garner/S. Williams/Arnold/Park	2003
<b>9:43.40</b>	<b>Abbott/Still/Govier/Spady</b>	<b>2007</b>
9:43.59	Russell/S. Williams/Jackson/Moe	2004
<b>9:44.54</b>	<b>Abbott/Harcourt/Brown/Moe</b>	<b>2006</b>
9:49.73	Russell/Jackson/Moe/Fader	2004

**High Jump**

7-5	Rick Noji	1988
<b>7-2 1/4</b>	<b>Norris Frederick</b>	<b>2007</b>
7-0 1/4	Warren Eickhoff	2005
	Rob Reynolds	1996
	Tracey Thomas	1988
6-11 3/4	Sean Steele	2001
6-11	Greg Fjellman	1992
6-10 3/4	Tay Cody	1994
	Mark Allan	1991
6-10 1/2	Mike Ramos	1983
	Stan Vegar	1978

**Pole Vault**

19-0 1/4	Brad Walker	2003
<b>18-1 3/4</b>	<b>Scott Roth</b>	<b>2007</b>
17-10	Steve Oravetz	1979
<b>17-9 3/4</b>	<b>McKane Lee</b>	<b>2007</b>
17-7 3/4	Matt Phillips	2000
17-6 1/2	Garth Willard	1992
17-6	Jeff Taylor	1975
17-1 3/4	Brian Madche	1998
17-1	Craig Connors	1998
	Todd Campbell	1995

**Long Jump**

<b>25-10</b>	<b>Norris Frederick</b>	<b>2007</b>
25-6 1/2	Phil Shinnick	1965
25-0	Ed Turner	1996
24-5 1/2	Robert Scott	1992
23-9 1/2	J.R. Wolfork	2006
23-9	Skip Moody	1997
23-7 1/2	Mike Ramos	1984
23-7 1/4	Shane Paulsen	1991
23-6 3/4	Vestee Jackson	1982
23-4 1/2	Jacob Predmore	1999
	Tyriff Rudder	2001

**Triple Jump**

50-10	John Triplett	1976
50-2 1/2	Wayne Hinkley	1975
50-0 1/2	Tony Parrish	1995
49-8 1/4	Marcus Kelly	2001
49-7	Greg Henderson	1982
49-3 3/4	James Sims, Jr.	2003
49-2 1/4	Jerrold Akins	1992
49-1 3/4	Al Harris	1984
48-11 1/2	Tyriff Rudder	2001
48-7	Dennis Cook	1977

**Shot Put**

65-5 1/4	Ben Lindsey	1998
64-4	Russ Vincent	1975
64-1	Steve Summers	1980
60-7	John Hubbell	1969
60-6 1/2	Ernie Conwell	1995
58-11 1/2	Eric Johnson	1988
57-5 3/4	Neal Kneip	1986
56-10 1/4	George Sutherland	1975
56-7 1/4	Brett Holden	1982
<b>56-5 1/5</b>	<b>Daniel Te'o-Nesheim</b>	<b>2007</b>

**35-lb. Weight Throw**

71-5 1/2	Scott Neilson	1979
<b>67-0</b>	<b>Martin Bingisser</b>	<b>2007</b>
65-7 1/2	Neal Kneip	1986
62-1 3/4	Russ Vincent	1978
61-6	Eric Johnson	1989
61-4 3/4	Bill Stengele	1997
<b>58-5 1/4</b>	<b>Zack Midles</b>	<b>2007</b>
58-0 1/4	Will Conwell	2006
55-9 1/4	Sam Fu	1995
55-3	Casey Ballwey	1974

**Heptathlon**

<b>5,126</b>	<b>Blake Bidleman</b>	<b>2006</b>
<b>4,874</b>	<b>Corey Fredericks</b>	<b>2007</b>
4,609	Doug Blaty	2004
<b>4,437</b>	<b>Bobby Noble</b>	<b>2007</b>

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**60-Meter Dash**

<b>7.34</b>	<b>Ashley Lodree</b>	<b>2007</b>
7.40c	Tracy Griffin	1994
7.50c	Donna Dennis	1986
	Zelda Johnson	1985
7.52c	Marzette Penton	1997
7.57c	Tami Mathewson	1993
7.60	LeTasha Moore	2002
7.62c	Jamara Alexander	2001
7.64c	Joyce Schweim	1991
	Keisha Griffis	1996

c - Mark converted from 55 meters

**60-Meter Hurdles**

<b>8.01</b>	<b>Ashley Lodree</b>	<b>2007</b>
8.21c	Claudine Robinson	1994
8.41c	Joyce Schweim	1991
8.55	Brynne Steward	2006
8.55c	Leslie Campbell	1990
8.59c	Patrice Davis	1999
8.62c	Kam Warner	1994
8.63	Grace Vela	2005
8.66c	Lara Kelley	1999
8.68c	Kelsey Sheppard	2001

c - Mark converted from 55-meter hurdles

**200 Meters**

<b>24.22</b>	<b>Ashley Lodree</b>	<b>2007</b>
24.49	Tracy Griffin	1994
24.86	Marzette Penton	1996
	Chelsie Pentz	2000
<b>25.12</b>	<b>Syreeta Martin</b>	<b>2007</b>
25.13	Lauran Dignam	2004
25.23	Joyce Schweim	1991
25.27	Jamara Alexander	2000
25.30	Tamanika Terry	1994
25.31	Kelsey Sheppard	2001

**400 Meters**

55.11	Kelsey Sheppard	2002
55.46	Lauran Dignam	2006
55.48	Chelsie Pentz	2000
55.74	Koko Sandmeyer	1994
55.91	Patrice Woods	1996
<b>55.99</b>	<b>Kinyatta Leonhardt</b>	<b>2007</b>
56.01	Kellie Gamby	1991
56.13	LeTasha Moore	2002
56.23	Monique Glass	1999
56.35	Lara Kelley	1999

**800 Meters**

<b>2:06.76</b>	<b>Amanda Miller</b>	<b>2005</b>
2:08.39	Courtney Inman	2003
<b>2:09.73</b>	<b>Amy Lia</b>	<b>2004</b>
<b>2:09.99</b>	<b>Dani Schuster</b>	<b>2007</b>
<b>2:10.17</b>	<b>Kira Harrison</b>	<b>2007</b>
2:11.06c	Sarah Bolender	1987
2:11.08	Terra Barter	1995
2:12.43	Angela Froese	1995
2:12.44c	Sandra Gregg	1983
2:12.93	Lora Funk	1994

c - Mark converted from 880 yards

**Mile**

4:40.24	Courtney Inman	2003
<b>4:41.36</b>	<b>Amanda Miller</b>	<b>2007</b>
<b>4:43.33</b>	<b>Dani Schuster</b>	<b>2007</b>
4:42.17	Ingvill Makestad	2004
4:42.27	Lindsey Egerdahl	2005
<b>4:44.34</b>	<b>Amy Lia</b>	<b>2006</b>
4:48.36c	Sandra Gregg	1983
<b>4:50.09</b>	<b>Annaliese Chapa</b>	<b>2006</b>
4:50.14c	Marjan Moulijn	1978
4:50.65	Margaret Butler	2000

**3,000 Meters**

9:32.28	Sabrina Monro	2002
9:32.39	Tara Carlson	1996
9:33.84	Deeja Youngquist	1999
9:35.08	Lindsey Egerdahl	2004
<b>9:36.21</b>	<b>Anita Campbell</b>	<b>2006</b>
9:36.23	Anna Aoki	2000
9:39.74	Melinda Campbell	2000
9:41.44	Sandra Gregg	1983
9:42.14	Margaret Butler	2000
9:44.84	Susan Gregg	1983

**5,000 Meters**

16:22.13	Sabrina Monro	2003
<b>16:28.19</b>	<b>Anita Campbell</b>	<b>2007</b>
16:33.01	Anna Aoki	2000
16:45.58	Lisa Gibbs	2002
16:57.56	Kate Bradshaw	2002
16:58.00	Deeja Youngquist	1997
16:59.87	Jamie Gibbs	2002
<b>17:07.58</b>	<b>Tori Tyler</b>	<b>2006</b>
17:13.57	Angela Wishaar	2005
17:14.83	Alison Tubbs	2004

### 4x400-Meter Relay

3:44.00	Glass/Sheppard/Muhammad/Griffis	1999
3:44.26	Pentz/Sheppard/Moore/Bledsoe	2000
3:44.90	Dignam/Steward/Leonhardt/Martin	2006
3:45.40	Woods/Griffin/Sandmeyer/Barter	1994
3:45.32	R. Moore/Jensen/Sheppard/Hawkins	2002
3:47.19	Sandmeyer/Hallett/Doht/Bjone	1991
<b>3:47.58</b>	<b>Martin/Ankton/Miller/Lodree</b>	<b>2007</b>
3:48.68	L. Moore/Sheppard/Jensen/Hawkins	2002
3:48.84	Griffis/McClatcher/Newton/Woods	1996
3:49.12	Pentz/Bledsoe/Moore/Hawkins	2000

### Distance Medley Relay

11:23.12	Lia/Jensen/Makestad/Egerdahl	2004
11:23.57	Makestad/Harrison/Lia/Egerdahl	2004
<b>11:24.45</b>	<b>Miller/Leonhardt/Schuster/Lia</b>	<b>2007</b>
<b>11:25.67</b>	<b>Schuster/Leonhardt/Harrison/Miller</b>	<b>2007</b>
11:35.41	Kabush/Griffis/Froese/Butler	1998
11:36.54	Funk/Barter/Johnson/Carlson	1994
11:38.61	McLeod/Dignam/Miller/Lia	2006
11:41.12	Barter/Woods/Froese/Carlson	1995
11:41.45	Egerdahl/Steward/Harrison/Connelly	2005
11:44.88	Syrdal/Glass/Inman/Smith	1999

### High Jump

6-2	Vicki Borsheim	1988
6-0	Maggie Garrison	1977
5-8 1/4	Dianne Baumann	1983
5-8	Grace Vela	2005
	Celia Willis	1990
<b>5-7 3/4</b>	<b>Daria Pavlov</b>	<b>2006</b>
	Francine Richardson	1997
<b>5-7</b>	<b>Liz Fuller</b>	<b>2006</b>
	Sidney Brown	2003
	Mary Prince	1990

### Pole Vault

14-3 1/2	Kate Soma	2005
13-9 1/4	Ashley Wildhaber	2005
13-7 3/4	Carly Dockendorf	2006
<b>13-7 1/4</b>	<b>Stevie Marshalek</b>	<b>2005</b>
<b>13-3 3/4</b>	<b>Kelley DiVesta</b>	<b>2007</b>
12-9 1/2	Sandy Erickson	2002
12-6	Myriah Swango	2006
12-4	Alexis Jaime	2003
<b>12-3 1/2</b>	<b>Andrea Peterson</b>	<b>2007</b>
12-0 3/4	MerryJane Bendico	2001

### Long Jump

20-5 1/2	Meledy Smith	1984
19-9 3/4	Tara Davis	1995
19-9	Kendra Keller	1984
19-7 3/4	Angie Tasker	1989
	Jakki Davis	1984
19-6 3/4	Grace Vela	2005
<b>19-6 1/4</b>	<b>Ashley Lodree</b>	<b>2004</b>
	Kam Warner	1994
19-5 3/4	Michele Reid	1998
19-3	Marzette Penton	1998

### Triple Jump

41-4 1/4	Brittany Roberts	2003
40-6 3/4	Angie Tasker	1988
40-3 1/4	Sidney Brown	2005
40-0 1/2	Michele Reid	1998
39-7 1/2	Tara Davis	1995
39-3 3/4 <sup>3/4</sup>	Grace Vela	2005
39-3 1/2	Kyla Sutton	1996
39-2 1/2	Suzanne Silvis	1994
38-9 1/2	Bonnie Snyder	2005
38-8 3/4	Celia Willis	1991/1992

### Shot Put

52-7 1/2	Jennifer Ponath	1988
51-4 1/2	Shirley Ross	1988
50-9 1/2	Meg Jones	1988
49-10 3/4	Caryl Van Pelt	1978
49-9 3/4	Seselia Thomas	2000
49-4 1/4	Aretha Hill	1998
<b>47-5 1/4</b>	<b>Sheree Ellis</b>	<b>2007</b>
46-10	Suzanne Dandenault	1991
<b>46-7 1/4</b>	<b>Whitney Hooks</b>	<b>2007</b>
46-1 1/4	Cherron Davis	2003

### 20-lb. Weight Throw

55-2	Aretha Hill	1998
52-2 1/2	Soozie Shanley	1996
51-5 3/4	Seselia Thomas	2000
50-11 1/2	Arlecier West	2005
50-8 3/4	Kameko Gay	2003
49-1 1/2	Rebecca Morrison	1999
47-9 1/4	Searan Salibian	2002
47-7 1/4	Carin Trygg	2004
<b>46-6</b>	<b>Whitney Hooks</b>	<b>2007</b>
<b>46-2 3/4</b>	<b>Shannon Harvey</b>	<b>2007</b>

### Pentathlon

3,915	Grace Vela	2005
<b>3,854</b>	<b>Daria Pavlov</b>	<b>2006</b>
3,696	Dianne Baumann	1983
3,692	Angie Tasker	1989
<b>3,651</b>	<b>Liz Fuller</b>	<b>2007</b>
3,508	Sonja Forster	1990
3,471	Bonnie Snyder	2005
3,266	Roxanne Rohweder	1984
3,251	Deanna Carr	1983
<b>3,213</b>	<b>Kaisa Keranen</b>	<b>2006</b>

